



FREESTYLE SPARKSHEET: THE PATH UNTRAVELED



A MINI-JOURNEY OF CREATIVE POSSIBILITIES

Sparks of inspiration to use with your own journal or sketchbook.

Step 1: Dream Without Limits

Imagine you wake up in a world where anything is possible—no obligations, no expectations, just pure creative freedom.

- What's the first thing you do?
- Write or sketch it out.
- What excites you about this? (Feel into it.)

Step 2: Hidden Desires & Creative Callings

Often, the things we daydream about are clues to what we truly desire. Let's dig deeper.

- What's something you've always wanted to create or experience but haven't yet?
- What's been holding you back? (Fear? Time? Uncertainty? Something Else?)
- What's one small, playful step you could take toward this?

Step 3: Your Freestyle Commitment

Before you finish, set an intention for your creative adventure. It doesn't have to be big—just something that makes you feel lit up and excited.

- One thing I will explore this week, just for fun is...
- Want to keep the momentum going?

Your next spark awaits inside the [Freestyle Inspiration Library](#).

START THE ADVENTURE!